

# Zucchini Dill

## Nutrition Facts Valeur nutritive

Per serving (240 g)  
par portion (240 g)

<b>Calories 100</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 6 g	8 %
Saturated / saturés 4.5 g	23 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 12 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 8 g	8 %
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	0 %
<b>Sodium</b> 950 mg	41 %
Potassium 750 mg	22 %
Calcium 50 mg	4 %
Iron / Fer 1.75 mg	10 %
Vitamin A / Vitamine A 200 µg	22 %
Vitamin C / Vitamine C 46 mg	51 %
Vitamin E / Vitamine E 0.3 mg	2 %
Vitamin K / Vitamine K 12 µg	10 %
Thiamine 0.15 mg	13 %
Magnesium / Magnésium 60 mg	14 %
Zinc 1 mg	9 %

\*5% or less is **a little**, 15% or more is **a lot**

\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

**Ingredients:** Zucchini, Vegetable Broth, Coconut Milk, Onion, Celery, Salt, Garlic, Black Pepper, Dill

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\*KEEP REFRIGERATED

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