

Creamy Mushroom

Nutrition Facts Valeur nutritive

Per serving (240 g)

Par portion (240 g)

Calories 110	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 5.0 g	7 %
Saturated / saturés 4.0 g	20 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 14 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 6 g	6 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 0 mg	0 %
Sodium 720 mg	31 %
Potassium 500 mg	15 %
Calcium 30 mg	2 %
Iron / Fer 1 mg	6 %
Vitamin A / Vitamine A 100 µg	11 %
Vitamin C / Vitamine C 8 mg	9 %
Vitamin K / Vitamine K 10.5 µg	9 %
Thiamine 0.125 mg	10 %
Vitamin B6 / Vitamine B6 0.225 mg	13 %
Magnesium / Magnésium 20 mg	5 %

*5% or less is **a little**, 15% or more is **a lot**

*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

Ingredients: Vegetable Broth, Mushrooms, Onion, Celery, Tamari, Coconut Oil, Arrowroot Flour, Garlic, Parsley, Thyme, Salt, Black Pepper, Sage

Contains: Soy

Ingédients: Vegetable Broth, Mushrooms, Onion, Celery, Tamari, Coconut Oil, Arrowroot Flour, Garlic, Parsley, Thyme, Salt, Black Pepper, Sage

Contient: Soja

*KEEP REFRIGERATED

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